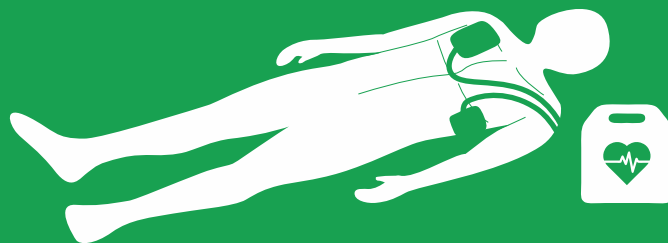
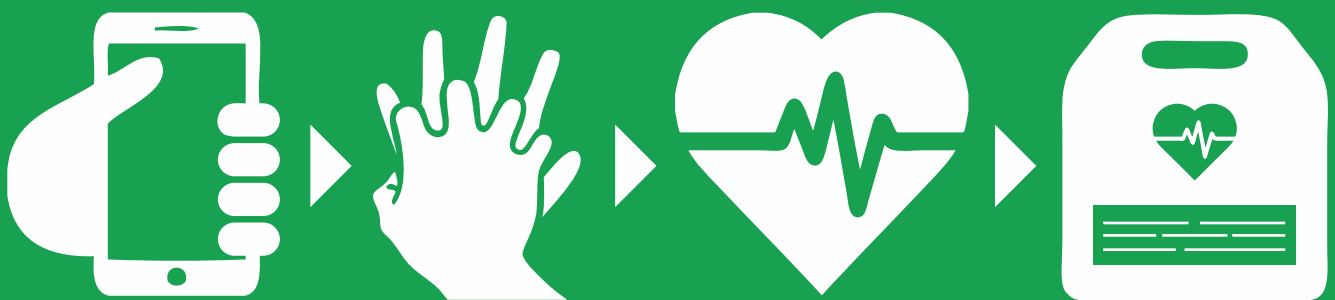


# Defibrillator Heart Restarter

Anyone can use it  
No training necessary



For an unconscious person  
NOT breathing normally



Call  
999

Start  
CPR

Switch on  
defibrillator

Follow its  
instructions



[www.resus.org.uk](http://www.resus.org.uk)  
Resuscitation Council (UK)

[www.welshhearts.org](http://www.welshhearts.org)



029 2240 2670

 WELSH HEARTS  
CALONNAU CYMRU

THE HEART CHARITY FOR WALES  
ELUSEN Y GALON DROS CYMRU