

**Santa and Elf Dash 2017 – Event Disclaimer**

**EVERY PARTICIPANT MUST BRING A COMPLETED DISCLAIMER TO THE EVENT REGISTRATION DESK**

Please read the following terms and conditions:

- Participants must follow instructions from Welsh Hearts staff and marshals at all times.
- Appropriate footwear/clothing must be worn to take part in this event. The organisers take no responsibility for injuries caused by participants wearing unsuitable footwear/clothing.
- Any injury or accident that occurs during the event must be reported to Welsh Hearts staff/marshals/first aider on the day.
- We encourage participants to bring as little as possible to the event. There will be limited dedicated storage facilities on site for personal belongings, using a ticketed system. Any decision to use this facility is the owner’s responsibility. Under no circumstances shall Welsh Hearts be liable for any loss or damage caused to the participant’s personal belongings.
- Any digital imagery taken by Welsh Hearts at the event remains the property of Welsh Hearts, and may be used by the charity or associated sponsors for promotional and marketing purposes.
- Welsh Hearts events are not competitive nor involve time trials or targets. Entrants are expected to participate in the ‘spirit’ of the event and to behave and respect fellow participants at all times.

I declare that I am in good health and take part at my own risk.

I am over 18 years of age and I accept that the organisers will not be liable for any loss, damage, action, claim, costs or expenses that may arise from my participation in this event. *If you are under 18 years of age, the disclaimer needs to be signed on your behalf by a responsible adult.*

**I hereby agree to abide by the Welsh Hearts event rules and I accept the above terms and conditions:**

Name of participant: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**EMERGENCY CONTACT DETAILS MUST BE PROVIDED BELOW:**

Name of contact:	Contact number:	Relationship to participant: