

## Welsh Hearts Charity – General Disclaimer.

Please read the following terms and conditions. Each entrant must sign the event disclaimer form to verify they have read and accepted these terms and conditions.

- Participants must follow instructions from Welsh Hearts staff and Marshals at all times.
- Appropriate footwear/clothing must be worn to take part in our events. The organisers take no responsibility for injuries caused by participants wearing unsuitable footwear/clothing. Participants must report any injury sustained to Welsh Hearts staff on the day.
- Under no circumstances shall Welsh Hearts be liable for any loss or damage caused to the participant's personal belongings or for any special indirect or consequential damage of any nature whatsoever. On some occasions personal belongings may be left with Welsh Hearts staff, using a ticket process in a designated area, however any decision to use this facility is the owner's responsibility.
- Any digital imagery taken by Welsh Hearts at the event remains the property of Welsh Hearts, and may be used by us, or our associated sponsors for promotional and marketing purposes.
- Welsh Hearts events are not competitive nor involve any time trials or targets. Entrants are expected to participant in the 'spirit' of the event and to behave and respect their fellow entrants at all times.

I agree that I will abide by the Welsh Hearts event rules. I am over 18 years of age and I accept that the organisers will not be liable for any loss, damage, action, claim, costs or expenses that may arise from my participation in this event. I declare that I will not part in this event unless I am in good health on the day it takes place, and that in any event, I will only take part at my own risk.

If you are taking part with anyone under the age of 18, please sign on their behalf as the responsible adult. Likewise you are the lead-booking name for an event, please ensure all your party understand the above disclaimer and sign below.

**PLEASE BRING THE SIGNED DISCLAIMER TO THE EVENT REGISTRATION DESK** – thank you

Name	Signature	Date	Event number (tba)